

The Clare Estate

Outbreak Response Plan

As required by N.J.S.A. 26:2H-12:87, The Clare Estate has developed an Outbreak Response Plan, based upon federal standards and in conjunction with the Quality Assurance Committee. The Outbreak Response Plan (the “Plan”) is in compliance with the guidelines issued by Centers for Disease Control (CDC), New Jersey Department of Health Communicable Disease Service (CDS), New Jersey Department of Health (NJDOH) and Centers for Medicare & Medicaid Services (CMS) and the Local Department of Health.

Our goal is to provide for the health, safety and wellbeing of our residents and employees. The Plan includes, but is not limited to: (1) evidence-based outbreak response measures, (2) screening of all visitors, employees, vendors, and others that seek to enter The Clare Estate, (3) testing of residents, employees and other staff, (4) emergency staffing preparedness, (5) ongoing communications and updates to residents and their representatives, family and/or loved ones, and (6) visitation rules.

Evidence-Based Outbreak Response Measures

The Clare Estate monitors all Centers for Disease Control, New Jersey Department of Health Communicable Disease Service, New Jersey Department of Health, Centers for Medicare & Medicaid Services and Local Department of Health guidelines and directives for information regarding any outbreak of new or reemerging infectious disease detected in Bordentown, New Jersey.

If a new/reemergence of an infectious disease is detected, The Clare Estate will follow its Infection Control policies and the measures and procedures set forth herein.

Control Measures

The Clare Estate will implement control measures and mitigate infection control concerns without disruption of residents’ quality of life routines. These measures may include, but are not limited to, universal masking, isolating ill residents, cohorting residents, contact/droplet precautions, social distancing, and hand hygiene as well as PPE education and competencies. Environmental measures will

also be implemented including, but not limited to, more frequent cleaning of high touch areas and the proper usage of cleaning and disinfectant agents.

Screening Measures

All employees, essential workers, healthcare personnel and all other permitted visitors entering The Clare Estate will be actively screened. Any employees, essential workers, healthcare personnel and other permitted visitors shall be denied entrance into The Clare Estate if the individual: (a) exhibits signs or symptoms of a respiratory infection; or (b) has been diagnosed with COVID-19 and has not yet met criteria for the discontinuation of isolation; or (c) who have within the past 14 days returned from a state/country on the designated travel advisory list.

Personal Protective Equipment (PPE)

If after screening, the employee, essential worker, healthcare personnel and or other permitted visitor is permitted to enter The Clare Estate, the facility shall: (1) require the individual to wear a facemask in the facility and additional protective equipment (PPE) as may be determined by the facility; (2) provide instruction to visitors, before the visitors enter the facility, on hand hygiene, the location of handwashing stations, limiting surfaces touch and the use of PPE; and (3) limit the individual's movement within the facility to those areas necessary to complete the vendor or visitor services. The Clare Estate trains all employees on proper use of PPE on an ongoing basis.

Monitoring & Surveillance

The Clare Estate has developed an Infectious Disease Threat Surveillance and Detection policy to address the routine monitoring of residents and staff to identify signs of a communicable disease that could develop into an outbreak.

Infectious, contagious, or communicable diseases will be reported to appropriate city, county and/or state health department officials. Any resident(s) or staff that are suspected or diagnosed as having a communicable/infectious disease shall be promptly reported to appropriate local and/or state health department officials.

Testing

The Clare Estate is contracted with Acculab to ensure that routine and stat diagnostic services are readily available. The facility has tested, and will continue to test, the facility's staff and residents for Covid-19 in accordance with all regulatory guidelines and directives and approved by the U.S. Food and Drug Administration (FDA); (2) authorized by the FDA through an Emergency Use Authorization; and/or (3) approved by the New Jersey Clinical Laboratory Improvement Service as permitted by the FDA. All newly admitted or readmitted residents are isolated and tested during the isolation period.

The Clare Estate will prohibit any staff member from entry into the facility if that staff member refuses to participate in COVID-19 testing; and/or refuses to authorize release of their testing results to the facility. Residents that refuse to be tested for Covid-19 will be placed on transmission-based precautions. Visitors who are symptomatic of communicable diseases may be denied visitation until appropriate evaluation and testing of the visitor has been established.

Emergency Staffing

The Clare Estate has an agreement with Bayada to secure additional staff in case of a COVID-19 outbreak or any other emergency. All staff will be cross trained to assist in the provision of resident care should staffing levels be compromised. The facility may utilize off-duty and/or per diem staff for specific designated times during emergency operations. The facility may utilize staffing agency resources to support facility scheduling during an emergency. The facility may combine a variety of temporary staffing options, including using a pool of temporary employees, using temporary staffing services, or deploying consultants or contract workers to ensure that the facility is always appropriately staffed in the midst of a pandemic caused staffing shortage.

Employees that are actively ill must to stay home. Employees who become symptomatic or ill upon arrival to work or become sick during the day will be separated from other employees and be sent home immediately.

Cohorting

Isolation and cohorting of infected and at-risk residents will occur in the event of a contagious disease outbreak. Transmission-based precautions are initiated

when a resident develops signs and symptoms of a transmissible infection; arrives for admission with symptoms of an infection; or has a laboratory confirmed infection; and is at risk of transmitting the infection to other residents.

Cohorts may include but are not limited to symptomatic and asymptomatic residents who test positive for COVID-19, new admissions or readmissions who remain for 14 days to monitor for symptoms that may be compatible with COVID 19, and residents that have recovered from COVID-19 or who are negative and asymptomatic.

The facility will cohort residents, equipment, and staff, to the extent possible, according to most current applicable regulatory guidelines.

Communication

The Clare Estate believes that full transparency and timely communications with residents and their families as to the status of an emergency is critical. The facility provides its residents and staff with continuous updates of the status of Covid-19 phone calls, email, and a text messaging service. Information regarding infectious disease outbreaks are provided in person and through postings for residents, staff, and permissible visitors. Families or guardians are made aware of infectious disease outbreaks through notification via telephone, email, or text messaging services.

The Clare Estate provides virtual visitation through multiple sources, such as , Zoom, Skype, FaceTime, etc. A member of the Activity Department or Social Service will schedule the date/time of the visit.

The facility will continue to maintain an open line of communication with residents and their families providing actions taken by the facility to prevent exposure to, and mitigate the risk of, COVID-19 spread. These updates will also include any new or suspected cases COVID-19 in the facility. All communication will be sent out in compliance with the frequency and content as required by all applicable and current regulatory guidelines.

Per CMS rule 42 CFR §483.80(g) the facility is informing residents, their representatives, and families of the residents by 5 p.m. the next calendar day following the subsequent occurrence of either: each time a single confirmed

infection of COVID-19 is identified, or whenever three or more residents or staff with new-onset of respiratory symptoms occur within 72 hours of each other.

Visitation

All family visitations are conducted in accordance with the CDC's and NJDOH's health and safety precautions for outdoor visitations. Indoor visitation is currently available for End-of-Life, Compassionate Care, and Essential Caregivers in accordance with NJDOH Executive Directive No. 20-026. Once the facility has advanced to Phase 2 in accordance with NJDOH Executive Directive No. 20-026, expanded indoor visitation will be available. Virtual communication (phone, FaceTime, ZOOM) with residents, families, and resident representatives is available as an alternative to in-person visits.